



Department of Psychology
St. Bede's College, Shimla

Agenda:- Meeting Regarding The Selection Of CR In Respected Classes **Date:-08-08-2024**

The department of psychology organized a meeting Chaired by Head of the Department (HOD) Mr Mohit Kumar at 10:40 AM. The agenda of the meeting was to select the class representative of respected batches. The HOD informed the teachers to elect CRs in their respected classes and later inform him via email.

Mr. Mohit Kumar (Asst. Prof. & HOD)

Ms. Jagruti (Asst. Prof.)

Ms. Pratiksha Tomar (Asst. Prof.)

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Department of Psychology
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Agenda: - Discussion Regarding World Mental Health Week Activities **Date:** -06-09-2024

The Department of Psychology held a meeting at 2:00 PM, chaired by Head of Department Mr Mohit Kumar. The agenda centred on planning activities for World Mental Health Week. The staff also decided to organize following activities :-

- Inter-college quiz competition with three rounds: a general knowledge round, a "Who Am I" round, and a rapid-fire round, inviting nearby colleges to join in. The staff decided to organise the following activities:-
- Poetry competition.
- Nukkad Natak and Musical Theatre
- Outreach activity on Meditation.

Mr. Mohit Kumar (Asst. Prof. & HOD)

Ms. Jagriti (Asst. Prof.)

Ms. Pratiksha Tomar (Asst. Prof.)

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06/09/24
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DEPARTMENT OF PSYCHOLOGY
MINUTES OF THE MEETINGS

Agenda: - Meeting to finalize the departmental mid-term examination date sheet.
Date: -07-11-2024

The department of psychology organized a meeting Chaired by Head of the Department (HOD) Mr. Mohit Kumar at 10:40 AM. The agenda of the meeting was to prepare a collective date sheet for all the students of Psychology honors and Psychology Pass Courses. After the finalization of the date sheet, it was decided to circulate among the student.

Mr. Mohit Kumar (Asst. Prof. & HOD)

Ms. Jagriti (Asst. Prof.)

Ms. Pratiksha Tomar (Asst. Prof.)

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DEPARTMENT OF PSYCHOLOGY
MINUTES OF THE MEETINGS

Agenda:- Seminar on "MIND MASTERY:- Achieving Excellence and Personal Growth through Psychology".

Date: -22-11-2024

The Department of Psychology organized a meeting at 10:40 AM, chaired by the Head of the Department (HOD), Mr. Mohit Kumar, along with the Class Representatives (CRs) of all the batches. The agenda of the meeting was to inform the attendees about an upcoming seminar titled "MIND MASTERY: Achieving Excellence and Personal Growth through Psychology." During the meeting, the CRs were tasked with encouraging their fellow students to create a 2-minute short video on the topic. The video should convey their personal thoughts and insights on achieving excellence, using psychological principles to foster growth. Additionally, the CRs were informed that the five best videos would receive prizes and awards at the seminar, and the winners would have the opportunity to present their thoughts during the event.

Mr. Mohit Kumar (Asst. Prof. & HOD)

Ms. Jagriti (Asst. Prof.)

Ms. Pratiksha Tomar (Asst. Prof.)

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DEPARTMENT OF PSYCHOLOGY
MINUTES OF THE MEETINGS

Agenda:- Meeting to finalize the type of certificate to be issued to the attendees of Seminar organized by the department on the topic ""MIND MASTERY: Achieving Excellence and Personal Growth through Psychology.""

Date: -02-12-2024

The Department of Psychology organized a meeting at 10:40 AM, chaired by the Head of the Department (HOD), Mr. Mohit Kumar, to discuss and finalize the type of certificate to be issued to the attendees of the upcoming seminar. The key points of discussion included the design, type, and distribution of the certificates.

The agenda of the meeting included:

- Finalizing the **design** of the certificate (including seminar title, date, and department logo).
- Deciding on the **type of certificate** (Certificate of Attendance vs Certificate of Participation).
- Discussing the **format** of the certificates (digital or physical).
- Planning the **distribution process** to ensure timely delivery to all participants.

Mr. Mohit Kumar (Asst. Prof. & HOD)

Ms. Jagriti (Asst. Prof.)

Ms. Pratiksha Tomar (Asst. Prof.)

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DEPARTMENT OF PSYCHOLOGY
MINUTES OF THE MEETINGS

Agenda: - Meeting for annual practical examination

Date: -20-02-2025

The Department of Psychology organized a meeting at 10:40 AM, chaired by the Head of the Department (HOD), Mr. Mohit Kumar. The agenda of the meeting was to prepare a collective practical date sheet for all the students of Psychology Honors and Psychology Pass Courses. After the finalization of practical date sheet, it was decided to circulate it among the students.

Mr. Mohit Kumar (Asst. Prof. & HOD)

Ms. Jagriti (Asst. Prof.)

Ms. Pratiksha Tomar (Asst. Prof.)

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